



**REVEL**



# **NEURODIVERSE SUMMER CAMP GUIDE**

**A PARENT'S COMPLETE PLANNING  
TOOL FOR TEENS/ADULTS**

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# INTRODUCTION

This comprehensive resource has been created to support parents and caregivers as they navigate the unique challenges and opportunities that summer camp experiences offer neurodivergent individuals.

Summer camps provide valuable opportunities for growth, independence, and social connection, but they can also present some challenges for neurodivergent teens and young adults. This guide aims to bridge the gap between your teen/adult's unique needs and the camp environment, ensuring they have the support necessary for a successful and enriching experience.

Within this guide, you'll find practical tools, assessments, and strategies developed specifically for neurodivergent campers. The guide begins with a readiness assessment to help you understand your teen/adult's current abilities across key domains. Based on those results, you'll find targeted preparation strategies to develop skills before camp begins. The guide also includes comprehensive planning resources, from documentation checklists to detailed packing lists tailored for sensory and organizational needs.

Recognizing that parents also need support during this transition, we've included parent support strategies to help you manage anxiety, establish effective communication systems with camp staff, and practice self-care during your teen/adult's time away. The guide concludes with post-camp strategies to help integrate the experience and build upon gains made during camp.

Whether your teen/adult is attending camp for the first time or returning for another season, this guide provides the structured approach needed to transform potential challenges into opportunities for growth and joy. By thoughtfully preparing both your teen/adult and yourself, you can help create a camp experience that honors their neurodivergent identity while fostering independence, confidence, and new skills.



# CAMP-READY OR NOT? HERE WE COME!



We've created a Camp Readiness Assessment that serves as a practical tool for parents preparing their teens or adults for summer camp experiences. This simple assessment focuses on the essential skills and supports needed for a successful camp experience.

By completing this assessment, you'll gain valuable insights into your teen/adult's current abilities across key domains that directly impact camp success. The information gathered helps identify appropriate goals, necessary accommodations, and effective support strategies that can be clearly communicated to camp staff.

# How to Use This Assessment

Complete this assessment approximately 4–6 weeks before camp begins. Rate your teen/adult's current abilities honestly, considering their typical performance in everyday situations rather than their best or worst moments. Focus on how they function in unfamiliar environments or with new people when possible, as this more closely reflects the camp experience.

After completing the ratings, use the results to identify 2–3 specific, achievable goals for your teen/adult's camp experience. These goals should balance challenge with attainability and focus on skills that will enhance your teen/adult's enjoyment and success at camp.

Share the completed assessment with camp directors or key staff members during pre-camp meetings or communications. This information allows them to prepare appropriate supports and helps staff understand your teen/adult's unique needs and strengths before camp begins.

Revisit the assessment after camp concludes to document progress and identify areas for continued development. This creates a valuable record of growth over time and can inform future planning for similar experiences.

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## A Strengths-Based Approach

While this assessment identifies areas where support may be needed, it equally emphasizes recognizing and building upon your teen/adult's existing strengths. The goal is not to "fix" your teen/adult but to create an environment where they can participate meaningfully, build confidence, and experience the joy of camp in a way that honors their neurodivergent identity.

Remember that neurodivergent individuals often have unique ways of experiencing and interacting with the world that bring valuable perspectives and abilities. By identifying specific support needs alongside strengths, you enable camp staff to create an environment where your teen/adult can thrive while developing new skills.

# CAMP READINESS ASSESSMENT

## RATING SCALE

1

Needs Significant Support

2

Needs Some Support

3

Mostly Independent

4

Fully Independent

### 1. SOCIAL SKILLS

- Starts and maintains conversations with peers
- Participates in group activities (stays with others and engages in activity)
- Understands feelings and perspectives of others
- Understands personal space and boundaries
- Asks for help when needed in social situations
- Handles disagreements or conflicts calmly and can see all sides
- Responds to social cues from others
- Adjusts behavior in different social settings

**AVERAGE:** \_\_\_\_\_

### 2. INDEPENDENCE SKILLS

- Completes hygiene routine regularly (brush teeth, shower, wash hands, dress self, shave, clean nails)
- Performs basic street safety skills
- Accesses public transportation or ride shares
- Engages in leisure activities/hobbies for 20+ minutes independently
- Cooks a simple meal
- Keeps track of belongings
- Understands basic money skills
- Understands what to do in case of an emergency

**AVERAGE:** \_\_\_\_\_

# CAMP READINESS ASSESSMENT cont.

## RATING SCALE

**1**

Needs Significant Support

**2**

Needs Some Support

**3**

Mostly Independent

**4**

Fully Independent

### 3. EMOTIONAL REGULATION

- Identifies own emotions as they happen
- Uses coping strategies when upset
- Recovers from disappointments
- Handles transitions between activities
- Manages sensory challenges
- Communicates feelings appropriately
- Asks for breaks when feeling overwhelmed
- Accepts changes to routines or plans

**AVERAGE:** \_\_\_\_\_

### 4. SELF-ADVOCACY

- Communicates needs clearly
- Asks questions when confused
- Seeks help appropriately
- Explains accommodations needed
- Speaks up for themselves
- Makes choices when given options
- Sets realistic personal goals
- Knows when to take a break

**AVERAGE:** \_\_\_\_\_

# CAMP READINESS ASSESSMENT cont.

## STRENGTHS AND GROWTH AREAS

### Top 3 Strengths:

Average scores between 3 & 4

1

2

3

### Top 3 Growth Opportunities:

Average scores between 1 & 2

1

2

3

# CAMP READINESS ASSESSMENT cont.

## CAMP GOALS

**Skills Area:** Social, Independence, Emotional Regulation, Self-Advocacy

**Skills Level:** 1 - 2 - 3 - 4

### Goal 1:

**What success looks like:**

**Supports needed:**

**Skills Area:** Social, Independence, Emotional Regulation, Self-Advocacy

**Skills Level:** 1 - 2 - 3 - 4

### Goal 2:

**What success looks like:**

**Supports needed:**

**Skills Area:** Social, Independence, Emotional Regulation, Self-Advocacy

**Skills Level:** 1 - 2 - 3 - 4

### Goal 3:

**What success looks like:**

**Supports needed:**

# CAMP READINESS ASSESSMENT cont.

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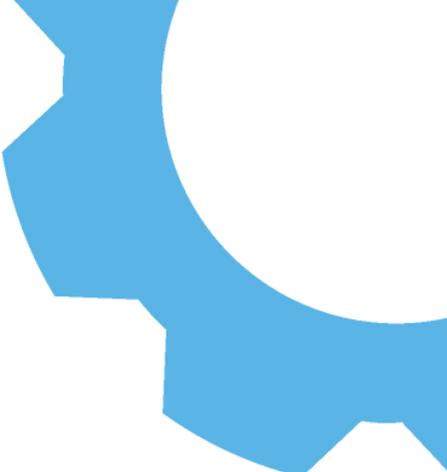
## ESSENTIAL INFORMATION FOR CAMP STAFF

My teen/adult's top motivators:

Signs my teen/adult needs support:

Most effective strategies when struggling:

Special considerations (sensory, dietary, other):



# **PRACTICE MAKES PROGRESS:**

## Getting ready for camp



Based on the Camp Readiness Assessment, here are strategies to help practice skills in each domain before camp begins. These approaches are especially helpful for individuals who scored lower in particular areas and would benefit from focused preparation.



# Social Skills Development Strategies:

For campers who struggle with starting and maintaining conversations:

- Practice conversation starters using role-play scenarios at home. Create a list of 5-10 simple openers like

**“What activities do you like at camp?”**

OR

**“Have you been to this camp before?”**

- Use the "sandwich method" for conversations: Start with a greeting, add a question or comment, and end with a closing statement. Practice this structure daily in low-pressure settings.
- Create conversation cards with topics of interest and practice discussing them for gradually increasing amounts of time, starting with just 30 seconds and working up to 2-3 minutes.
- Film short practice conversations and review them together, identifying what went well and what could be improved.





# Social Skills Development Strategies:

For campers who find group activities challenging:

- Gradually increase exposure to small group settings before camp, starting with just one other person and slowly expanding to groups of 3-4 people.
- Teach the "pause and scan" technique: Pause before joining a group, observe what they're doing, and then find an appropriate way to join in.
- Practice specific phrases for joining activities:

**"That looks fun,  
may I join you?"**

OR

**"I know how to play  
that game. Could I  
have a turn?"**

- Create visual cards showing group activity expectations (taking turns, sharing materials, using appropriate volume levels) that can be reviewed before camp and potentially brought along as reminders.





# Social Skills Development Strategies:

For campers who struggle with social boundaries:

- Use hula hoops or floor markers to visually demonstrate personal space during practice interactions.
- Create a "social distance ruler" that visually shows appropriate distances for different types of interactions (conversations with new people, friends, adults).
- Practice role-playing scenarios where your teen/adult needs to respect others' boundaries, using specific phrases they might hear at camp.

**"I need some space  
right now"**

- Develop a discreet signal system your teen/adult can use to check if they're maintaining appropriate space or volume during interactions.





# Independence Skills Development Strategies:

For campers who need support with self-care:

- ❁ Create visual schedules for morning and evening routines that match expected camp schedules, gradually reducing verbal reminders.
- ❁ Practice "camp-style" self-care in new environments (friend's house, relative's home) to build flexibility.
- ❁ Use a "practice packing" system where your teen/adult packs their own daily bag for local outings, checking against a visual list.
- ❁ Time self-care routines to build awareness of how long each task takes, helping with time management during camp transitions.

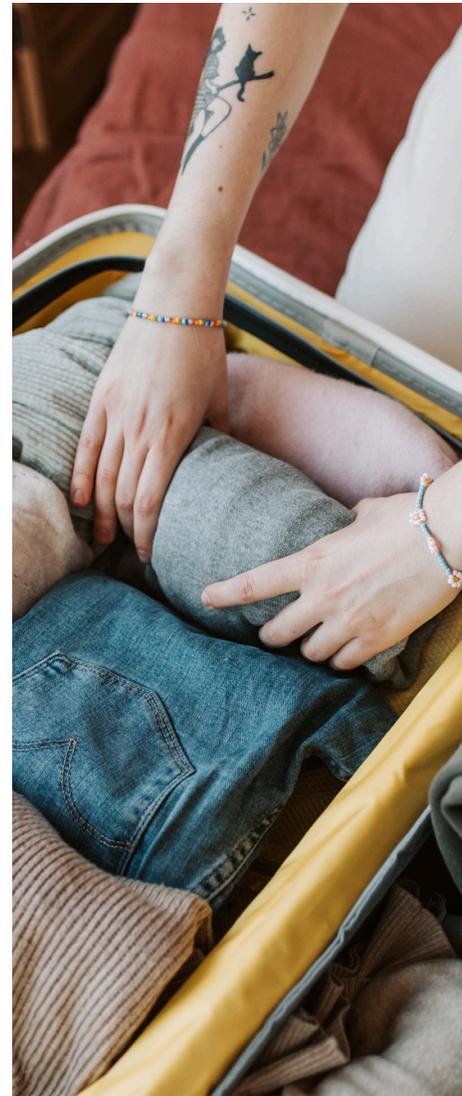




# Independence Skills Development Strategies:

For campers who struggle with managing belongings:

- Use a color-coding system for categories of items (red for toiletries, blue for clothing, etc.) that can be continued at camp.
- Practice "pack in, pack out" drills where your teen/adult brings items to an activity and must remember to gather everything afterward.
- Take photos of properly organized belongings to create a visual reference for how things should look at camp.
- Create a personalized checklist with pictures of essential items for different activities that can be laminated and brought to camp.

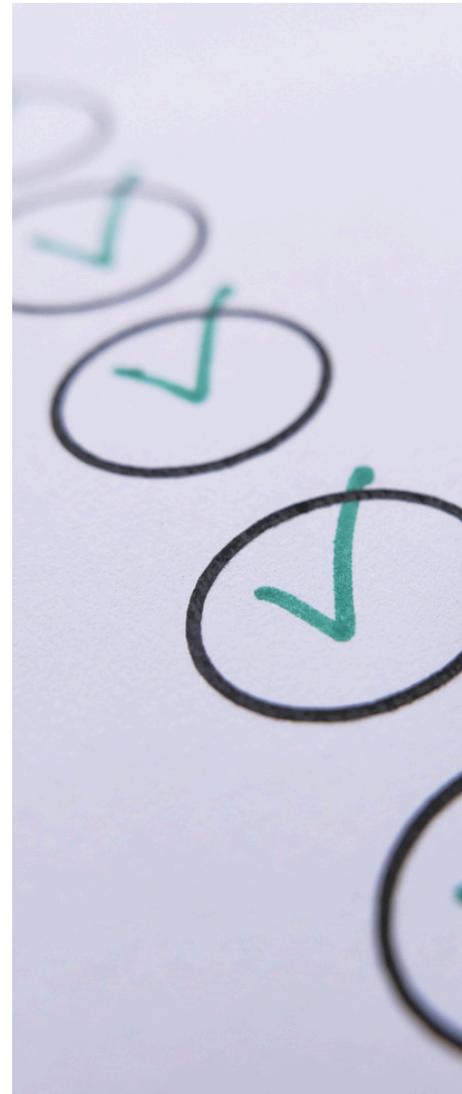




# Independence Skills Development Strategies:

For campers who find multi-step instructions difficult:

- Break down common camp activities into visual step-by-step guides using photos or simple drawings.
- Practice the "repeat back" technique where your teen/adult repeats instructions in their own words before beginning a task.
- Use the "First...Then..." format for instructions, gradually increasing from two-step to four-step directions.
- Create a pocket-sized flip book with common instruction sequences (getting ready for swimming, preparing for meals, etc.) that can be reviewed before activities.





# Emotional Regulation Development Strategies

For campers who struggle to identify emotions:

- ❁ Create a personalized emotions chart with photos of your teen/adult showing different feelings, paired with physical sensations ("butterflies in stomach," "tight chest," etc.)
- ❁ Practice body scanning exercises daily, asking your teen/adult to notice physical sensations and connecting them to emotions.
- ❁ Keep a simple emotions journal with a scale of 1-5 for intensity, practicing recognition before emotional intensity increases.
- ❁ Use video clips from favorite shows to identify emotions in characters, then practice recognizing similar feelings in themselves.

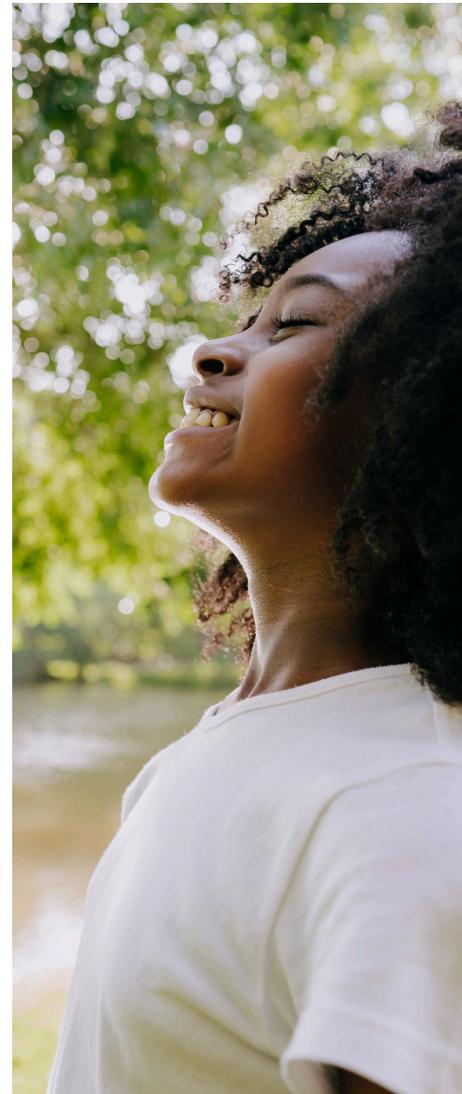




# Emotional Regulation Development Strategies

For campers who need help with coping strategies:

- ❁ Create a portable "calm down kit" or "mindfulness kit" with effective sensory tools, practicing their use before times of distress.
- ❁ Develop a personalized "feelings thermometer" with specific coping strategies matched to each level of emotional intensity.
- ❁ Practice deep breathing techniques daily, using visual aids like bubble wands or pinwheels to make the practice concrete.
- ❁ Record calming messages or music that can be brought to camp on a device (if permitted) or written on cards for self-support.

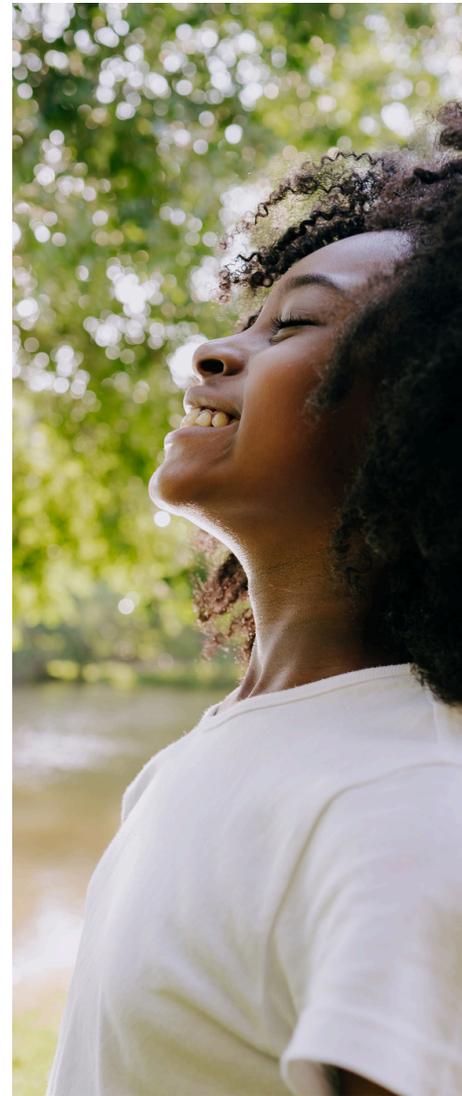




# Emotional Regulation Development Strategies

For campers who struggle with transitions:

- Use timers consistently for transitions at home, matching the timing to expected camp transitions (5-minute warnings before changes).
- Create transition cards with simple visuals showing the current activity, the next activity, and a coping strategy for the change.
- Practice "unexpected change" scenarios at home, intentionally altering plans and practicing flexibility using preferred coping strategies.
- Develop a transition routine (three deep breaths, a stretching movement, a positive phrase) that can be used consistently at camp.

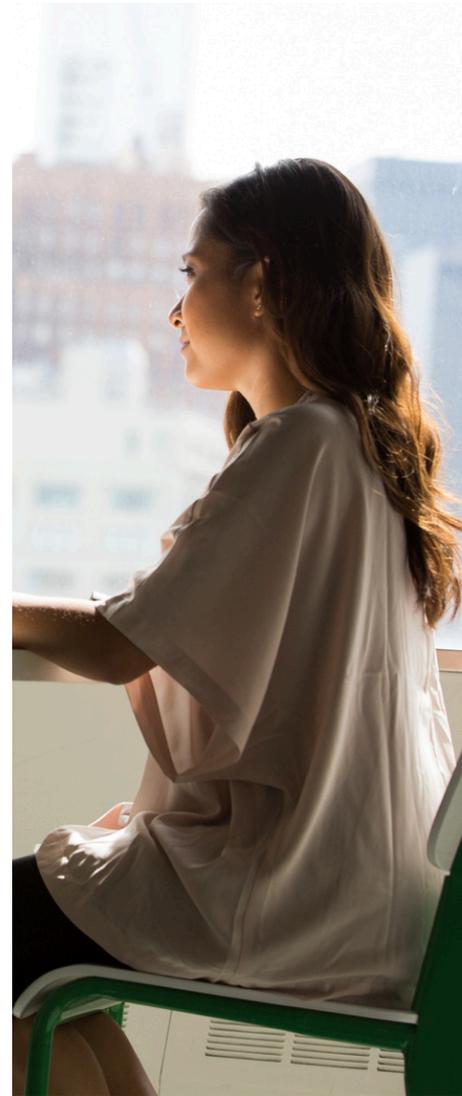


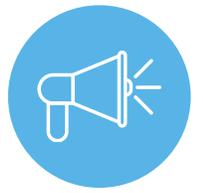


# Self-Advocacy Development Strategies:

For campers who struggle to communicate needs:

- ❁ Create scripts for common requests ("I need a break," "Can you explain that again?" "I'm feeling overwhelmed") and practice them through role-play.
- ❁ Create situation-specific request cards that can be brought to camp for non-verbal communication during times of stress.
- ❁ Practice assertive body language and tone when making requests, filming practice sessions to review together.





# Self-Advocacy Development Strategies:

For campers who have difficulty seeking help:

- Identify "safe people" characteristics and practice recognizing them in new environments.
- Create a flow chart for "When to Ask for Help" with clear decision points that can be reviewed before camp.
- Practice approaching unfamiliar adults in safe, structured environments (like asking a question at a store with you nearby).
- Role-play common help-seeking scenarios that might occur at camp, practicing both verbal requests and showing help cards.





# Sensory Regulation Development Strategies:

For campers with sensory sensitivities:

- ❁ Create a "sensory profile" document with specific triggers, early warning signs, and effective management strategies.
- ❁ Practice gradual exposure to challenging sensory experiences in controlled environments, increasing duration slowly.
- ❁ Develop personalized social stories about managing specific sensory challenges that might occur at camp.
- ❁ Create a portable sensory kit with items that address your teen/adult's specific needs (noise-canceling headphones, sunglasses, fidgets, etc.).





# Sensory Regulation Development Strategies:

For campers who need sensory input:

- ❁ Establish a "sensory diet" of activities that provide needed input and practice incorporating them into daily routines.
- ❁ Create a visual card showing appropriate ways to get sensory input in group settings versus private settings.
- ❁ Teach discreet sensory strategies that won't disrupt camp activities (chair push-ups, palm pressure, chewable necklaces).
- ❁ Practice recognizing early signs of sensory seeking and implementing regulatory strategies before behavior becomes disruptive.

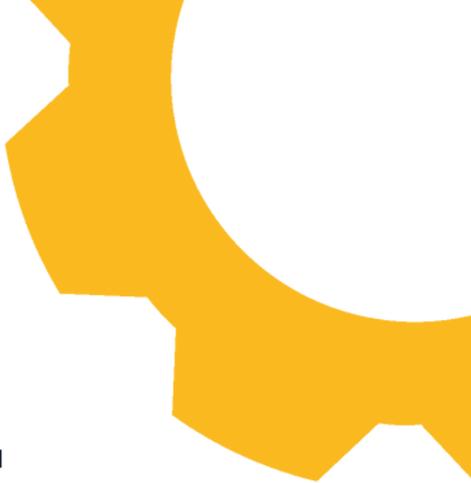


# Implementation Timeline:

To make these strategies most effective, consider this implementation timeline leading up to camp:



- Remember that progress may be incremental, and even small improvements can significantly impact your teen/adult's camp experience. Focus on developing skills that will help your teen/adult feel more confident and reduce anxiety, rather than trying to address every area at once. Celebrate each small success and maintain a positive, encouraging approach to this preparation period.



# THE ULTIMATE PACKING ADVENTURE



Every summer camp experience is unique, and most camps will provide you with their own specific packing recommendations tailored to their facilities, activities, and duration. These customized lists are invaluable resources that should be your primary guide. The following list we are providing is an extensive collection of items to consider as you prepare for your camp adventure. While no camper will need everything listed here, this thorough inventory ensures you won't overlook essential items that might make your camp experience more comfortable, enjoyable, and memorable. Adapt this list to your specific camp's guidelines, the local climate, planned activities, and personal preferences.

# Documentation Portfolio

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## MEDICAL PROFILE DOCUMENT

Obtain medical documentation from physician including:

- Medical diagnoses with brief explanations
- Current medication list with dose, specific time and route
- Allergies and reactions/side effects from medications
- Past medical interventions

## COMMUNICATION PROFILE CARD

Develop a laminated card that outlines:

- Preferred communication style
- Processing time needs
- Key phrases that indicate distress
- Recommended response strategies
- Topics of interest for conversation starters
- Communication strengths and challenges

# What to Pack

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## ESSENTIAL PERSONAL ITEMS:

- Wallet with ID
- Cash for snacks, outings, etc. (approximately \$50.00/week)
- Medications in original containers with med order from doctor
- Medical alert bracelet/necklace (if applicable)
- Health insurance card (copy)
- Emergency contact list (laminated)

## CLOTHING:

- Weather-appropriate everyday clothing
  - Summer/Spring/Fall: shorts, pants, t-shirts, tank tops
  - Winter: thermal layers, insulated pants, warm sweaters
- Undergarments and socks (pack extra)
- Pajamas (2-3 sets)
- Comfortable lounge clothes
- Light jacket or sweatshirt (even in summer for air conditioning)
- Rain jacket
- Hat for sun protection
- Formal/nicer outfit for special events
- Swimsuit and swim shirt (if applicable)

# What to Pack

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## FOOTWEAR:

- Comfortable walking shoes/sneakers (2 pairs recommended)
- Sandals/flip-flops (for shower and water activities)
- Water shoes for lake/river activities
- Hiking boots (if applicable)
- Winter boots (seasonal)

## TOILETRIES:

- Shampoo and conditioner
- Body wash/soap
- Deodorant
- Toothbrush, toothpaste, and dental floss
- Hairbrush/comb
- Razor and shaving cream (if needed)
- Menstrual products (if needed)
- Chapstick/lip balm
- Sunscreen (minimum SPF 30)
- Insect repellent
- Hand sanitizer
- Personal hygiene visual schedule (if used)

# What to Pack

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## **BEDDING & LINENS:**

- Sleeping bag or sheets/blanket (check with camp)
- Pillow with familiar pillowcase
- Bath towel and washcloth
- Beach/pool towel
- Laundry bag for dirty clothes

## **SENSORY SUPPORT ITEMS:**

- Noise-canceling headphones or earplugs
- Sunglasses with croakies/strap
- Weighted items (lap pad, stuffed animal, etc.)
- Fidget tools (variety for different situations)
- Comfort objects from home
- Chewable jewelry/items (if applicable)
- Preferred textures (specific fabric swatches, etc.)
- Sleep mask if light-sensitive
- White noise machine or app (if helpful for sleep)

# What to Pack

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## COMMUNICATION & ORGANIZATION SUPPORTS:

- Visual schedule/calendar of camp activities
- Communication cards/device (if used)
- Task breakdown cards for multi-step activities
- Social scripts for common interactions
- Coping strategy visual reminders
- Personal space visual supports
- Emotion identification and regulation tools
- Colored folders/bags for organizing belongings

## ELECTRONICS & TECHNOLOGY:

- Cell phone
- Tablet/iPad
- All necessary chargers
- Protective cases
- Headphones (regular and noise-canceling)
- Portable battery pack
- DVD movies/devices (if allowed and needed)
- Watch/timer for transitions

# What to Pack

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## FOOD & DIETARY NEEDS:

- Specialty food items for dietary restrictions
- Preferred snacks (especially important for selective eaters)
- Familiar utensils if sensory-sensitive
- Water flavor packets if needed for hydration
- Visual portion guide (if used)

## MISCELLANEOUS:

- Small sensory "emergency kit" for unexpected situations
- Photos from home for comfort
- Pre-addressed, stamped envelopes/postcards if sending mail
- Small fan for heat sensitivity
- Swimming goggles

## PAPERWORK AND INFORMATION:

- Copy of camp schedule
- Map of camp facilities
- List of camp rules and expectations
- Contact information for camp staff
- Copy of completed Neurodivergent Camp Readiness Assessment

# Packing Tips

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**Label everything** - Use waterproof labels on all items, including each piece of clothing

**Use clear bins or packing cubes** to organize similar items

**Create a visual inventory** with photos of packed items for reference

**Pack a daily "go bag"** with essentials for easy access on arrival day

**Involve your camper** in the packing process to increase familiarity with items

**Take photos** of how items are packed for reference when repacking to return home

# Pre-Camp Preparation with Belongings

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- Practice packing and unpacking the backpack that will be used daily
- Role-play finding and using specific items from luggage
- Practice using any new items before camp begins
- Develop a system for keeping track of belongings (checklists, specific locations, etc.)
- Create a morning/evening routine checklist for using and returning items to their proper place



# COUNTDOWN TO CAMP:



Preparing for camp involves more than just packing the right gear — it's about creating a foundation for success through thoughtful preparation and gradual transition. For teens and adults with autism, IDD, or other challenges that make new environments difficult, this preparation becomes even more crucial. The following timeline provides a structured approach to camp readiness that breaks down the preparation process into manageable phases. By following this timeline, families can systematically address potential stressors, build necessary skills, and create familiarity with camp routines before the big day arrives. Remember that you can customize this timeline based on your teen's specific needs, the camp's duration, and the particular challenges your family anticipates.

## 4-6 Weeks Before Camp:

- Schedule camp visit
- Begin reviewing daily schedule
- Start adjusting wake/sleep times to match camp schedule
- Create and review social stories weekly
- Identify specific concerns for problem-solving

## 2-3 Weeks Before Camp

- Practice specific camp activities at home
- Role-play social interactions
- Review coping strategies daily
- Begin packing process with teen/adult's involvement
- Develop communication plan for during camp

# 1 Week Before Camp

- Finalize all paperwork
- Complete packing
- Review entire camp schedule daily
- Practice independence skills intensively
- Establish positive associations with camp through preferred activities

# Day Before Camp

- Review first-day schedule in detail
- Prepare and pack comfort items
- Charge all electronic devices
- Review emergency contact information
- Practice calm goodbyes

# Arrival Strategy Plan

## **Morning Preparation Routine:**

- Wake up with extra time buffer
- Follow familiar morning routine
- Eat familiar breakfast
- Review first-day schedule once more
- Pack last-minute items
- Use calming strategies before departure

## **Arrival Sequence Planning:**

- Arrive at specified time (avoid peak arrival times if possible)
- Tour key locations before settling in
- Meet assigned counselor or support person
- Set up personal space together
- Identify nearest quiet space
- Review the day's schedule on-site
- Establish check-in protocol

## **Separation Strategy:**

- Use predetermined goodbye routine
- Keep goodbyes brief and positive
- Provide clear information about when you'll communicate
- Leave a comfort item or note
- Transition immediately to a preferred activity



# PARENT SURVIVAL GUIDE



Preparing your neurodivergent teen or adult for camp is only part of the equation. Parents also need support strategies to manage emotions, communicate effectively with camp staff, and create a supportive framework for success.

# Before Camp

## Managing Parental Anxiety

When your neurodivergent teen/adult attends camp, especially for the first time, it's natural to experience anxiety about their well-being. Try these strategies:

- Create a structured self-care schedule during preparation weeks
- Identify specific anxiety triggers and address each with factual information
- Connect with other parents of neurodivergent teen/adultren who have attended similar camps
- Prepare a comprehensive list of questions for camp directors
- Schedule a pre-camp call to address your most significant concerns
- Tour the facility beforehand if possible

## Establishing Effective Systems

Clear, consistent communication with camp staff is crucial for success:

- Create a 1-2 page "Quick Reference Guide" about your teen/adult including triggers, communication preferences, special interests, signs of anxiety, and effective motivation approaches
- Prepare a structured agenda for pre-camp staff meetings
- Establish communication preferences, boundaries, and emergency procedures
- Determine appropriate frequency for updates and preferred methods

## Building a Support Network

Develop connections that provide emotional support and practical assistance:

- Identify 3-5 people who understand your teen/adult and can provide emotional support
- Schedule check-in calls during camp with understanding friends or family
- Gather resources about supporting independence
- Identify activities to engage in during camp time

# During Camp:

## Finding the "Just Right" Balance

- Establish set times for check-ins that don't interfere with activities
- Create a rating system for updates (1-5 scale for different aspects of the day)
- Use a "24-hour rule" before reacting to concerning information
- Track patterns over time rather than focusing on isolated incidents

## Helping from Afar

- Prepare encouraging notes or small surprises to be given throughout camp
- Develop specific, positive questions for check-ins
- Establish a protocol for sharing successful strategies with staff
- Create a personal "worry time" schedule with boundaries
- Practice mindfulness specific to separation challenges

# Managing Unexpected Situations:

## Problem-Solving Framework

1. Gather complete information
2. Identify the specific issue (separate facts from emotions)
3. Consider multiple perspectives
4. Generate at least three potential solutions
5. Implement and monitor the chosen approach

## Intervention Guidelines:

- Minor challenges + Teen/Adult can self-advocate = Monitor only
- Moderate challenges + Teen/Adult needs support = Collaborate with staff
- Major challenges = Direct involvement



# **COLORADO CAMPS:**

## **GUIDING YOU TO THE RIGHT EXPERIENCE**



Preparing your neurodivergent teen or adult for camp is only part of the equation. Parents also need support strategies to manage emotions, communicate effectively with camp staff, and create a supportive framework for success.

# REVEL Camps-Outdoor Adventure

**OUTDOOR  
ADVENTURE  
CAMP**  
summer



Experience the beauty of Colorado like never before! Our camps offer accessible outdoor recreation in Colorado's stunning wilderness. From hiking and paddleboarding to rock climbing and archery, each adventure is crafted to build confidence, teach technical skills, build friendships, and make unforgettable memories. Join us for a summer filled with fun, discovery, and the great outdoors!

## DETAILS:

- 5 day, 2 overnight camp experience
- Instruction from Certified Therapeutic Recreation Specialist
- Experiential learning in a nature setting
- Immersive outdoor experience with peers



**JUNE - SEPTEMBER  
2025**



# REVEL Camps-Outdoor Adventure

## 2025

### SCHEDULE

- **Monday - Paddleboarding**
- **Tuesday - Rock Climbing**
- **Wednesday - Hiking/Camping**  
Overnight
- **Thursday - White Water Rafting**  
Overnight
- **Friday - Archery**

### DATES

<b>June Camp:</b> 6/9/25 - 6/13/25	<b>August Camp:</b> 8/11/25 - 8/15/25
<b>July Camp:</b> 7/7/25 - 7/11/25	<b>September Camp:</b> 9/8/25 - 9/12/25 *September overnight in private vacation rental

### PREREQUISITES

Must have the following skills to attend:

- Ability to stay with others for 8 hrs in small group
- Ability to participate in overnight portion with minimal support.
- Be able to eat on the go in an outdoor setting
- Take direction from various people
- Adhere to safety protocols per each activity
- Interest in learning about the outdoors and expanding skills
- Previous experience in outdoor activities

**\*\*REVEL Outdoor Camps do not have the ability to support clients with specific behavior interventions\*\***

## COST: \$2,300

## APPLY NOW!

@[revelinlife.org/apply](https://revelinlife.org/apply)

Funding By: Private Pay, inquire through  
Community Center Board



720-502-4927  
info@revelinlife.org  
[revelinlife.org](https://revelinlife.org)

# REVEL Camps- TEENS

**REVEL  
TEEN**

**BUILD SKILLS WITH  
YOUR SOCIAL CIRCLE**



## WHO

Teens 13-17 with autism and intellectual/developmental disabilities in the Denver Metro area looking for opportunities to enhance skills and connect with others.

## WHAT

School isn't just for learning, it's also for making connections. When school's out, Teen Camp is a way to stay social, adventure with friends, and explore new interests.

## SUMMER CAMP

**June/July Camp:** June 2nd - August 1st **9<sup>AM</sup> - 3<sup>PM</sup>**

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9-12pm	Indoor Wanderlust	Health & Wellness	Outdoor Wanderlust	Create	Wanderlust Adventure
Afternoon 12-3pm	Indoor Wanderlust	Cooking	Outdoor Wanderlust	Community Explore	Wanderlust Adventure

## APPLY NOW!

@[revelinlife.org/apply](https://revelinlife.org/apply)

**Funding By:** CES Waiver, ML/DP unmet needs funding, FSSP, Private Pay



720-502-4927  
info@revelinlife.org  
[revelinlife.org](https://revelinlife.org)

# COLORADO Camps

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## **Adam's Camp**

Granby, CO

All ages

303-563-8290

[adamscamp.org](http://adamscamp.org)



The mission of Adam's Camp is to realize the potentials and develop the strengths of teen/adultren and young adults with developmental delays or disabilities by bringing together individuals and families with professionals and volunteers to collaboratively provide customized, intensive therapy, family support, and recreation in a camp environment.

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## **Ascendigo Autism Summer Camp**

Glenwood Springs, CO

Ages 7+

970-927-3143

[ascendigo.org](http://ascendigo.org)



Ascendigo welcomes people ages 7 and up with an autism spectrum disorder, including classic autism, PDD-NOS, Asperger's and related diagnoses. Participants of any athletic ability can succeed

# COLORADO Camps

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## **Breckenridge Outdoor Ed Center**

Breckenridge, CO

Ages 8-18

970-453-6422

[boec.org](http://boec.org)



BOEC offers a number of adaptive recreation camps, retreats and activities for individuals. Programs are designed for specific needs and ability levels, including brain injury, multiple sclerosis, Parkinson's Disease, spinal cord injury, autism and much more.

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## **Challenge Aspen**

Aspen, CO

Ages 7+

970.923.0578

[challengeaspen.org](http://challengeaspen.org)



Challenge Aspen is dedicated to improving lives by presenting meaningful recreational, educational and cultural experiences to individuals facing cognitive or physical challenges.

# COLORADO Camps

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## **Colorado Lions Camp**

Acres, CO

All ages

719-687-2087

[coloradolionscamp.org](http://coloradolionscamp.org)

A year round facility that aims to create a unique experience for each individual who attends. Serving over 175 individuals with a wide range of disabilities, our programs are tailored to meet the needs of every single one of our campers.

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## **Rocky Mountain Village -Easterseals**

Empire, CO

Ages 6+

303-569-2333

[easterseals.com](http://easterseals.com)



Easterseals of Colorado camp for youth and adults with disabilities.

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If you are a program that offering summer camps to individuals with autism & IDD's and would like to be included in this resource, please reach out to [info@revelinlife.org](mailto:info@revelinlife.org).



**REVEL**

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