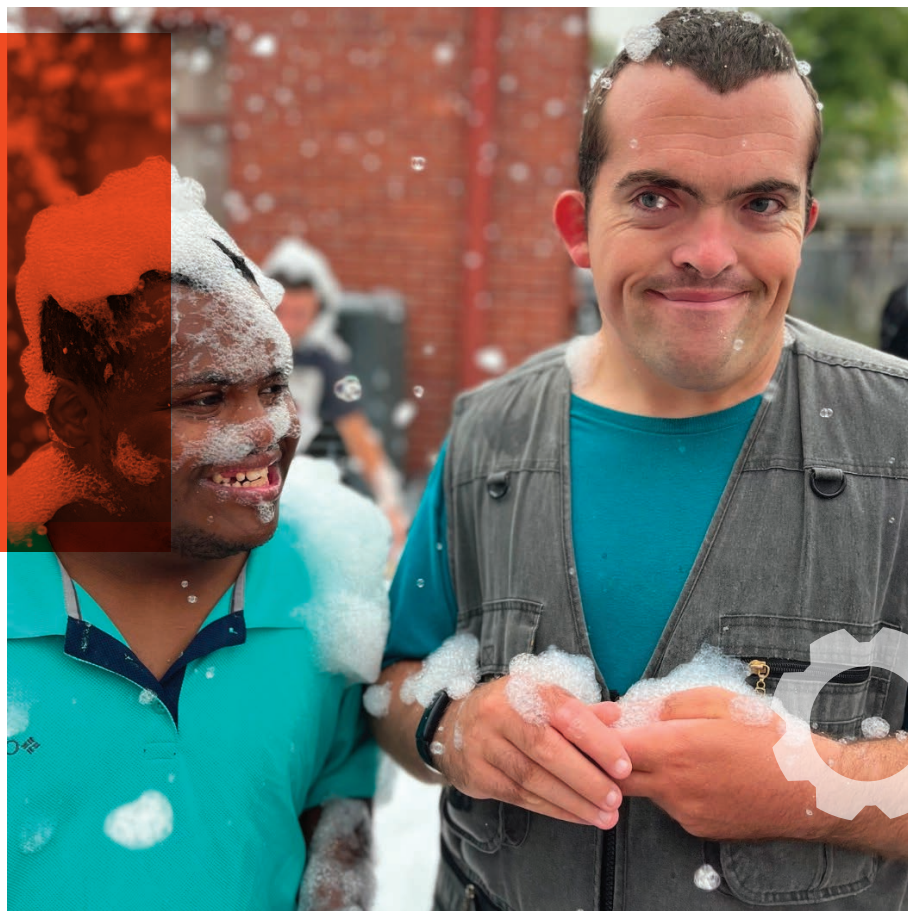


REVEL GEAR UP

REAL SKILLS THROUGH
REAL EXPERIENCES



WHO

Gear up is for Denver-area adults 18 or older with autism or intellectual/ developmental disabilities. We welcome people looking to enhance their skills and connect with others.

WHAT

A comprehensive daily program taught in small groups that provides experiential learning to teach social relationships, employment, exploration of new interests, health and wellness, and daily living skills.

Learning happens through doing. Gear Up teaches vital skills for independence and gives REVELers a chance to practice them out in the world.

WHEN

Monday – Friday

9am – 3pm

*We offer customizable schedules.
*You choose the days and activities that work for you!



REVEL

REAL EXPERIENCES VITAL FOR ENHANCING LIFE (REVEL)

ADULTING 101: Autism and IDD can make the many daily tasks of being an adult feel like they're too big to take on. In Gear Up, we tackle the to-dos together, from meal planning and budgeting to grocery shopping and getting organized for the week.

HEALTH & WELLNESS: A healthy body makes for a happy mind. By teaching crucial health and wellness skills, we give REVELers tools to thrive. We work up a sweat exercising, whip up healthy snacks, and learn strategies for keeping a calm mind in busy settings.

CREATE: For people on the spectrum, words can often be barriers. Create is a time when we express ourselves through art! It's an opportunity to communicate feelings, emotions, and ideas in ways that feel more comfortable and less restrictive.

CAREER: Getting a job is a big piece of bridging the gap to adulthood. In Gear Up, we focus on pivotal skills for finding and keeping employment. Plus, REVELers have a chance to practice and learn in the workplace, thanks to partnerships with local businesses.

WANDERLUST: Adventure is for everyone. Wanderlust is where we step out of our comfort zones to explore Denver and beyond. These adventures, activities, and uniquely Colorado experiences are the highlights of the week for many of our REVELers!



FUNDING OPTIONS:

- Medicaid Waivers (SLS & DD)
- Mill Levy
- Private Pay

APPLY NOW!

@www.revelinlife.org/apply



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